

Department of Health and Social Services COVID-19 UPDATE



Outcomes & Statistics | General Information



Some People are at **Higher Risk** of More Severe Disease or Outcomes of COVID-19 than Others. You May be at Higher Risk if You:

- Are an older adult, especially over 60 years
- Unvaccinated, partially vaccinated or have not received a booster
- Pregnant
- Moderately or severely immunocompromised
- Have any of the following conditions:
 - Received an organ transplant
 - Undergoing cancer treatment
 - High blood pressure
 - Heart disease
 - Lung Disease
 - Kidney Disease
 - Liver disease
 - Dementia
 - Stroke
 - Diabetes
 - Live with obesity (Body Mass Index of 40 or more)

If you're not sure if you are higher risk, speak to your healthcare provider for assessment. If you have any of the above higher-risk conditions and have symptoms of COVID-19, please visit your local health centre for testing. Treatments that reduce severe outcomes are available for those at higher risk. To be considered for treatment, testing by a healthcare provider is needed.



If You **Test Positive** for COVID-19

We recommend that you **stay home** and limit your **contact** with others. Consider for the next **10 days**: wearing a mask while indoors, reducing your contacts (especially to vulnerable persons), physically distancing from others, avoiding high risk-activities and try to work alone if possible.

- If you test positive on at at-home test, you do not require an in-person test unless you are considered high risk
- If you need repeat lab testing or assessment, make an appointment with your local health centre, or in Yellowknife book online



If You **Live With Someone** Who Tests Positive for COVID-19

If someone in your **household tests positive**, we recommend that you limit your contacts for **10 days**. **Self-monitor** for symptoms, consider for the next 10 days: wearing a mask while indoors, reducing your contacts (especially to vulnerable persons), physically distance from others, avoiding high risk activities and try to work alone if possible.

- Testing is not necessary if you do not have symptoms, but you can take an at-home Rapid Antigen Test if you wish
- If you develop symptoms: stay home, follow the instructions for individuals who have tested positive. At-home testing is optional but book an in-person test if you are at greater risk of serious outcomes from COVID



Resuming **Normal Activities** After COVID-19

If taking extra precautions after testing positive for COVID-19 we recommend resuming normal activities when:

- It has been at least 10 days since your positive test or when your symptoms started

AND

- Symptoms are improving

- If symptoms do not improve after 5 days or worsen, contact your healthcare provider for assessment


If you have difficulty breathing or any serious symptoms call 911 immediately.

For current recommendations on how to protect yourself and your communities please visit:

<https://www.hss.gov.nt.ca/en/services/covid-19/current-recommendations>



Number of Severe Outcomes from COVID-19 by Time Period and Severe Outcome Type in 2022

	January 1 to March 31 st <small>(Public health restrictions still in place)</small>	April 1 st to August 31 st <small>(Public health restrictions lifted)</small>
Hospitalizations	44	35
ICU Admissions	10	4
Deaths	9	4
TOTAL	63	43

Total Severe Outcomes of Covid-19 by Month

JAN 2022 - AUG 2022		
JAN	FEB	MAR
22 TOTAL	26 TOTAL	15 TOTAL
APR	MAY	JUN
15 TOTAL	7 TOTAL	3 TOTAL
JUL	AUG	
8 TOTAL	10 TOTAL	

63
SEVERE
OUTCOMES
January 1st 2022 and
March 31st 2022

~60%
WERE AGE 65
AND OLDER
January 1st 2022 and
March 31st 2022

AVERAGE AGE WAS 61 YEARS OLD

43
SEVERE
OUTCOMES
April 1st and
August 31st 2022

~72%
WERE AGE 65
AND OLDER
April 1st and
August 31st 2022

AVERAGE AGE WAS 64 YEARS OLD



No major differences
between males and females
in either time period

There has Been a Decline in the Number
of Severe Outcomes from COVID-19 in
NWT from the Start of the Year



Rate of Severe Outcomes
from COVID-19
by Sex and
Time Period
per 10,000*

Male

Jan 1st – Mar 31st: 16.48
Apr 1st – Aug 31st: 8.7

Female

Jan 1st – Mar 31st: 13.34
Apr 1st – Aug 31st: 7.82



Rate of Severe Outcomes from COVID-19 by
Region Type and Time Period per 10,000*

Region Type	January 1 to March 31 st	April 1 st to August 31 st
Communities	18.01	2.4
Regional Hub	14.49	4.35
Yellowknife	14.45	14.95

Regional Hub = Behchoko, Fort Simpson, Fort Smith, Hay River, Inuvik, Norman Wells
Small communities = Aklavik, Colville Lake, Deline, Dettah, Enterprise, FGH, Fort Liard, Fort McPherson, Fort Providence, Fort Resolution, Fort Simpson, Gameti, Jean Marie River, Kakisa, Lutselk'e, Nahanni Butte, Paulatuk, Sachs Harbour, Sambaa K'e, Tsiighehthchic, Tuktoyaktuk, Tulita, Ulukhaktok, Wekweeti, Whati, Wrigley

Rate of Severe Outcomes from COVID-19 by
Vaccination Status and Time Period per 10,000*

Vaccine Status	January 1 to March 31 st	April 1 st to August 31 st
Unvaccinated	12.22	2.27
Partially Vaccinated	3.29	6.89
2 or more Vaccines	14.4	9.06

* All tables are severe outcome rate per 10,000 population NT residents

Rate of Severe Outcomes from
COVID-19 by Age Group and
Time Period per 10,000*

Age Group	Jan 1 to Mar 31 st	Apr 1 st to Aug 31 st
0 to 4	23.74	0
5 to 14	0	3.5
15 to 29	1.13	3.4
30 to 49	3.06	0.76
50 to 64	18.23	4.56
65 to 79	45.18	42.67
80+	299.85	134.93

80+ Severe
outcome
rates are
highest in the older age
group, with the highest rates
by far in the 80+.

~72%

of NWT residents had received
two doses at the start of
January 2022 which increased
to ~76% by August 14th 2022.

There has been a decrease in severe outcomes seen in
communities from the start of the year, with Yellowknife rates
remaining relatively unchanged.



Rates of severe disease may appear higher than those in
unvaccinated/partially vaccinated, however the majority of
the eligible NT population has received at least two doses,
so there are less unvaccinated people who can get sick.
Additionally, many unvaccinated people are younger, and at
lower risk for a severe outcome.