

What Does a Personal Support Worker Do?

As a Personal Support Worker, you will assist individuals with bathing, dressing, meal preparation, shopping, and basic house cleaning.



Where Can I Work?

- Hospitals
- Health Care Centers
- Home Care
- Group Homes
- Elder's Homes
- Long Term Care Units
- Daycares, working with special needs children
- Dementia Care Facilities

96% of Aurora College students surveyed in 2013 said that they would recommend both their program and the college to others.

Now that's success.



How to Apply:

Application forms can be found at any Aurora College campus and Community Learning Centres.

Aurora College
Yellowknife Campus
5005 – 54th Street
Bag Service 9700
Yellowknife NT X1A 2R3

Phone: (867) 920-3030
Fax: (867) 873-0333
Toll Free: 1-866-291-4866

www.auroracollege.nt.ca



Aurora College

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Personal Support Worker Program

Personal Support Worker FAQ

Where is the program offered?

Offered at Aurora College North Slave,
Yellowknife Campus

How Long is the Course?

The course is two semesters, or eight months, in length. This is followed by a 4-week practicum (on the job experience)

How much will it cost?

There will be a tuition fee for each semester, and the books cost approximately \$200.

What are the admission requirements?

Applicants to the program must meet the following criteria:

- Be 18 years of age or older
- Grade 10 or ABE English 130 or undergo an Aurora College placement test
- Provide a criminal record check
- Mature students with relevant work experience will be considered on an individual basis
- Proof of current immunization status

What Courses Will I Take?

Personal Support Worker Role

Learn roles and responsibilities, ethics and principles of care giving.

The Care Environment

Learn to promote health, and protect against injury and disease.

Student Voices

“This course is awesome for people that want to help others in need, and feel better about it.”

“This course is a great learning experience. You learn how to help others, at the same time as finding out about who you really are.”

“I have learned a great deal in working with different tools, how to better my working skills.”

“This course is a new beginning, if you want to help people this is the course for you.”

“This program is a great opportunity for you if you are pursuing a career in health care. It is a dream come true for me!”



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Lifespan Growth & Development

Examine normal growth and development throughout the life span; as well as common health concerns.

Personal Care

Learn to assist clients with bathing, feeding, and dressing.

Nutrition

Learn the basics of healthy eating, menu planning, shopping skills, and food preparation.

The Human Body and Common Illnesses

Study anatomy and physiology, as well as common illnesses across the lifespan.

Working in a Challenging Environment

Learn to care for clients with disabilities, mental health issues, elders, and children with special needs.

Communications & Personal Development

Develop effective communication and problem solving skills.

As part of the course, you may also have the opportunity to take:

- CPR, First Aid
- Food Safety Handling Course
- CNIB workshop
- Palliative Care Certification
- Supportive Pathways (Dementia care)
- Pharmacology for Personal Support Workers (Medication course)
- WHMIS
- Non-Violent Crisis Intervention