



NWT 811 Health Advice Line



To access health advice in the NWT, please dial 8-1-1 or call toll-free at 1-844-259-1793. 811 is a toll-free health information and advice phone service available to NWT residents 24 hours a day, 7 days a week. Registered nurses can answer questions about general health issues for you and your family. 811 is a quick and easy way to speak to a nurse, instead of going to a primary care clinic.

Examples of some questions people ask 811:

- My child has a fever. Should I be concerned?
- I have a headache. Do I need to go to the ER?
- The NWT is in a syphilis outbreak. When should I get tested for syphilis?
- Are my symptoms a cold or is this COVID?
- Chickenpox is in my child's school. What symptoms should I watch for?
- What dosage of Tylenol should I give my child?
- My abdominal pain isn't going away. Should I see the Community Nurse?
- What are the symptoms of a heart attack/COVID/appendicitis/stomachache?
- When can I introduce solid foods to my baby?

If you need to book an in-person assessment, receive treatment, renew a prescription, or access lab results, please contact your health centre.

The NWT 811 Health Advice Line is not for emergencies.

If you have an emergency, please call 911 or go to the emergency room.

For more information visit www.gov.nt.ca/811.

